Starting the day with a healthy breakfast can dramatically change the lives of kids living with hunger. Serving that breakfast after the bell and making it a natural part of the school day is an effective, efficient way to reach kids with the critical nutrition they need.

This week, our political leaders are considering breakfast after the bell legislation, HB1295. **We must act now to stand up for children and show our support.**

A simple phone call to our legislators is one of the most powerful ways we can help. Join us in [calling these members](#) and let them know this is important.

It’s not hard. [Click here for a list of names and numbers.](#) When you call, say your name and the town where you live. Then say you’d like this committee to know that you support breakfast after the bell legislation.

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Hi. My name is ________, and I live in __________.

I’m calling to urge the Ways and Means committee to support HB1295, the breakfast after the bell legislation. Breakfast after the bell is the single most effective way to connect kids to the nutrition they need each morning.

We would never expect our students to do well without textbooks. We also can’t expect them to do well in school without the nutrition they need in the morning to fuel their brains and bodies.

Please support breakfast after the bell legislation so hungry kids in our state get the food they need to grow up healthy, smart and strong. It’s important for our state. Thank you for taking my call.
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