

Flower Pancake Plate





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Makes: 1 flower (easy to scale up!)

Ingredients:

- 1 round pancake
- 4-6 strawberries, sliced lengthwise
- 1 kiwi, peeled and sliced into wedges
- 1 banana, sliced
- 3 blueberries
- Sliced fruit leather or chocolate syrup for the mouth and eyelashes

How To

For the Grown-Ups:

1. Cook one pancake according to your chosen recipe or package instructions.
2. Wash all the fruit. (Feel free to include the kiddos in this one!)
3. Slice strawberries lengthwise.
4. Cut kiwi into wedges.
5. Slice the banana into rounds.
6. Place the pancake in the center of a plate — this will be the happy face!
7. Help your child place the fruit, but let them be creative. Faces are more fun when they're a little silly.

For the Kids:

1. **Make the petals:** Place strawberry slices all around the pancake to form bright red “petals.”
2. **Add the leaves:** Place kiwi slices at the bottom to look like green leaves.
3. **Build the face:**
 - Place two banana slices on the pancake to create eyes.
 - Place one blueberry on each banana slice.
 - Add one blueberry in the middle for the nose.
4. **Give it a smile:** Use the fruit leather or chocolate syrup to make eyelashes and a happy smile.
5. **Admire your masterpiece...and enjoy!**

There's no wrong way to create the flower — feel free to swap fruit out for your kid's favorite!



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